

Since the 9<sup>th</sup> of Av occurs on Shabbat this year the fast of Tisha B'Av is postponed till Sunday. As a consequence the observances this year are somewhat different to normal.

- Shabbat meals are eaten as usual and one may even eat meat and drink wine.
- The public manifestations of mourning usually observed on Tisha B'Av are not observed on Shabbat. Some authorities advise that one should only learn Torah that may be studied on Tisha B'Av though many rule that one may learn Torah as usual on this Shabbat. Marital intimacy should also be avoided on this Shabbat.
- Mincha this Shabbat afternoon will be at the earlier time of **6.30 pm** and this should be followed at home by *Seudah Shelishit*. The usual mourner's foods of egg and ashes are not served but social guests should not be invited for this meal and all eating and drinking must be concluded by **8.55 pm**.
- Shabbat concludes at **9.53 pm**. After this time the declaration of ברוך המבדיל בין קודש לחול should be recited and one should then remove any leather shoes. Maariv will be at **10.10 pm** to allow people to drive to shul.
- Havdalah is not recited this Motzaei Shabbat (though the bracha on the flame is recited before reading Eicha). It is recited on Sunday evening before breaking the fast – omitting the brachot on the spices and the flame.
- Because the fast is deferred pregnant and nursing women need not fast, though if possible they should fast until the morning. Prior to breaking their fast they should recite havdalah (on fruit juice rather than wine or grape juice) and they should avoid eating rich or fancy foods.
- After the conclusion of the fast on Sunday evening meat and wine should not be eaten except at a Seudat Mitzvah. None of the other restrictions of the nine days apply and one may shave, shower and do laundry immediately after the fast has ended.