

# Shabbat Mattot-Massei 5<sup>th</sup>/6<sup>th</sup> July 2013 - Shabbat Mevarchim

Shabbat Shalom and welcome to Alei Tzion! Please see below for details for our exciting programme of events or look at our website at <u>www.aleitzion.co.uk</u> Rav: Rabbi Daniel Roselaar, <u>rav@aleitzion.co.uk</u> / 07914 883 269



# SHABBAT AND DAVENING TIMES

Shabbat begins / Shabbat ends	9:05pm / 10:23pm
Earliest Candle Lighting	7:36pm
Mincha, Kabbalat Shabbat & Ma'ariv	7:15pm
Second Mincha, Kabbalat Shabbat & Ma'ariv	7:45pm
Hashkama Minyan	7:45am
Sof Zman Kriyat Shema	8:54am
Main Minyan followed by Kiddush sponsored by Lauren, Simon and Tamar Levy to celebrate their forthcoming aliya as well as Tamar's 1st birthday. The Single Malt is sponsored by Joshua Freedman	9:15am
before he goes to Yeshiva in Israel.	
Mincha followed by a Shiur by Rabbi Roselaar (See 'Learning and Shiurim' for details!)	9:05pm
Ma'ariv & Motzei Shabbat	10:23pm

Shacharit – Sunday	8:15am
Shacharit – Monday (Rosh Chodesh)	6:40am
Shacharit – Thursday	6:50am
Shacharit – Tuesday, Wednesday & Friday	7:00am
Mincha and Maariv – Sunday -Thursday	7:30pm

# MAZAL TOVS

Mazal Tov and Aliyah Tova to Lauren, Simon and Tamar Levy on their forthcoming aliyah!

# SUNDAY MORNING BREAKFAST SHIUR

This week, the Sunday Morning Breakfast Shiur will given by Leo Arkush on the topic of 'Holidays in the Three Weeks.'

#### THE GREAT JEWISH BAKE DAY AT ALEI TZION

As part of Jewish Care's Great Jewish Bake Day, Alei Tzion is holding a 'Bring and Bake' tea for the whole community on Sunday 7th July at 4pm. Bake something, bring it along and have a chance to sample everyone else's culinary delights. It will be a great chance to socialise, share recipes, eat and most importantly raise some money for a fantastic cause. You'll be able to enjoy blondies, brownies, cupcakes, cookies, scones, banana cake, blueberry cake, cake pops and more while watching the Wimbledon final! If you would like to sign up to bake something or just come along and contribute by eating and donating then please email mirijeffay@gmail.com. There will also be a prize for the best baked item! Suggested donation - £10, all proceeds go to Jewish Care. Everyone is welcome, the event is kindly being hosted by Saranne and Neil Maurice, 8 Tenterden Drive, NW4.

# WOMEN'S HEALTH AND HALACHA SEMINAR

The women of the kehillah are invited to the UK's first ever 'Women's Health and Halacha Seminar' on Sunday 7th July starting at 7pm at Kinloss. It will be an engaging evening seminar for all women, dedicated to women's health and the halachic issues surrounding life-cycle events. Each session will be co-presented by a doctor and yoetzet halacha, see the attached flyer for more details. Book in advance for special pre-booked price of £10, for more information speak to Shoshi Grossman or email shoshi.grossman@kinloss.org.uk.

## TISHA B'AV AT ALEI TZION

On the evening of Tisha B'Av, Mincha will take place at 9pm followed by Ma'ariv, Eicha and Kinnot. The fast begins at 9:11pm.

On Tisha B'Av morning there will be Shacharit and Kinnot at 6:30. There will be a second Shacharit minyan and an explanatory Kinnot service at 8:15. Please email Martin Glasser on <u>martinglasser@yahoo.co.uk</u>, if you would like to discuss one of the Kinnot. At 11:45am there will be Kinnot for Mothers.

The afternoon programme will begin at 6:20pm with a shiur by Rabbi Roselaar on the topic of 'Hilchot Avelut - Issur Tisporet - When can an avel cut his hair?' This will be followed by Mincha at 7:15pm and then a showing of the film 'Unlikely Heroes' which documents unknown stories of Jewish resistance during WW2. This will be followed by Ma'ariv and the fast ends at 10:06pm.

## SUMMER SEUDAH DEBATE

Alei Tzion presents its inaugural Summer Seudah Debate on Shabbat 20th July 2013. We will be joined by a top panel including Dayan Yisroel Lichtenstein, Rabbi Michael Pollak and Daniel Greenberg discussing 'Rabbinic Authority in the 21st Century - Damaged beyond repair?' Starting at 6pm at the shul with the panel debate followed by Se'udah Shlishit for all the family. For more information and sponsorship opportunities please contact Alastair Goldrein on <u>alastair.goldrein@lw.com</u>.

# ALEI TZION PICNIC IN THE PARK

Join Alei Tzion on Sunday 21st July from 12pm-4pm for a summer picnic in the park! We'll be going to the Hampstead Heath Extension (Wildwood Road, NW11 6UX) for fun and games for all the family. There will be lots of games and bubbles for kids and volleyball and rounders for the adults. Bring along a picnic, your friends and family for a fun filled day in the sun! For more information, please speak to Yolanda Rosalki.

## LEARNING AND SHIURIM

- The Daf Yomi cycle has now begun **Pesachim**, join Rabbi Roselaar on Shabbat afternoon after Mincha for an iyun shiur on a sugya from the coming week's daf!
- MD Spitzer's Gemara Shiur will take place this Monday at 8:45pm.
- Rabbi Roselaar's Parasha Shiur will take place on Tuesday at 9pm.

#### **MEMBERSHIP**

The best way to support your shul is by becoming a member! If you need assistance with you membership application or would like further details please contact Robin Minsky (<u>membership@aleitzion.co.uk</u>) or see the website <u>www.aleitzion.co.uk/membership.php</u>.

#### SHABBAT HOSPITALITY

If you would like to be hosted for a meal over Shabbat, or if you are hosting and would like more guests at your Shabbat table, please contact Stuart Izon by email on <u>stuart.izon@gmail.com</u>.



