



## Shabbat Pinchas 28<sup>th</sup>/29<sup>th</sup> June 2013

Shabbat Shalom and welcome to Alei Tzion!  
Please see below for details for our exciting programme  
of events or look at our website at [www.aleitzion.co.uk](http://www.aleitzion.co.uk)  
Rav: Rabbi Daniel Roselaar, [rav@aleitzion.co.uk](mailto:rav@aleitzion.co.uk) / 07914 883 269



### SHABBAT AND DAVENING TIMES

Shabbat begins / Shabbat ends	9:08pm / 10:27pm
Earliest Candle Lighting	7:38pm
Mincha, Kabbalat Shabbat & Ma'ariv	7:15pm
Second Mincha, Kabbalat Shabbat & Ma'ariv	7:45pm
Hashkama Minyan	7:45am
Sof Zman Kriyat Shema	8:54am
Main Minyan followed by Kiddush sponsored by Leo Arkush, Raph Cooper, Kirsten Kolle, Ayala Savery and Aryeh Sopher to celebrate their recent qualification as doctors.	9:15am
Mincha followed by a Shiur by Rabbi Roselaar (See 'Learning and Shiurim' for details!)	9:05pm
Ma'ariv & Motzei Shabbat	10:27pm

Shacharit – Sunday	8:15am
Shacharit – Monday and Thursday	6:50am
Shacharit – Tuesday, Wednesday & Friday	7:00am
Mincha and Maariv – Sunday -Thursday	7:30pm

### MAZAL TOVS

Mazal Tov to Leo Arkush, Raph Cooper, Kirsten Kolle, Ayala Savery and Aryeh Sopher on their recent qualification as doctors.

### US WOMEN - WOMEN, THE RABBI AND THE LAW

US Women invite all men and women to a panel discussion on the topic of 'Women, The Rabbi and The Law' - Women's relationship with the Sefer Torah on Wednesday 3rd July at Norrice Lea shul commencing at 8:15pm. The panel will include Rabbi Bergson - Pinner United Synagogue, Rabbi Laitner - Finchley United Synagogue, Pauline Newman - Stanmore & Canons Park United Synagogue, and Jo Bruce - Head of Women's Programmes and Events, LSJS and will be chaired by Simon Hochhauser. Entry is £5 and light refreshments will be served. For more information email [uswomen@theus.org.uk](mailto:uswomen@theus.org.uk).

### SUNDAY MORNING BREAKFAST SHIUR

The next Sunday Morning Breakfast Shiur will given by Leo Arkush after Shacharit on 7th July 2013 on the topic of 'Holidays in the Three Weeks.'

### THE GREAT JEWISH BAKE DAY AT ALEI TZION

As part of Jewish Care's Great Jewish Bake Day, Alei Tzion is holding a 'Bring and Bake' tea for the whole community on Sunday 7th July at 4pm. Bake something, bring it along and have a chance to sample everyone else's culinary delights. It will be a great chance to socialise, share recipes, eat and most importantly raise some money for a fantastic cause. If you would like to sign up to bake something or just come along and contribute by eating and donating then please email [mirijeffay@gmail.com](mailto:mirijeffay@gmail.com). There will also be a prize for the best baked item! Suggested donation - £10, all proceeds go to Jewish Care. Everyone is welcome, the event is kindly being hosted by Saranne and Neil Maurice, 8 Tenterden Drive, NW4.

## **WOMEN'S HEALTH AND HALACHA SEMINAR**

The women of the kehillah are invited to the UK's first ever 'Women's Health and Halacha Seminar' on Sunday 7th July starting at 7pm at Kinloss. It will be an engaging evening seminar for all women, dedicated to women's health and the halachic issues surrounding life-cycle events. Each session will be co-presented by a doctor and yoetzet halacha, see the attached flyer for more details. Book in advance for special pre-booked price of £10, for more information speak to Shoshi Grossman or email [shoshi.grossman@kinloss.org.uk](mailto:shoshi.grossman@kinloss.org.uk).

## **TISHA B'AV AT ALEI TZION**

On the evening of Tisha B'Av, Mincha will take place at 9pm followed by Ma'ariv, Eicha and Kinnot. The fast begins at 9:11pm.

On Tisha B'Av morning there will be two Shacharit minyanim at 6:30am and 8:15am. At 11:45am there will be Kinnot for Mothers.

The afternoon programme will begin at 6:20pm with a shiur by Rabbi Roselaar on the topic of 'Hilchot Avelut - Issur Tisporet - When can an avel cut his hair?' This will be followed by Mincha at 7:15pm and then a showing of the film 'Unlikely Heroes' which documents unknown stories of Jewish resistance during WW2. This will be followed by Ma'ariv and the fast ends at 10:06pm.

## **ALEI TZION PICNIC IN THE PARK**

Join Alei Zion on Sunday 21st July from 12pm-4pm for a summer picnic in the park! We'll be going to the Hampstead Heath Extension (Wildwood Road, NW11 6UX) for fun and games for all the family. There will be lots of games and bubbles for kids and volleyball and rounders for the adults. Bring along a picnic, your friends and family for a fun filled day in the sun! For more information, please speak to Yolanda Rosalki.

## **LEARNING AND SHIURIM**

- The Daf Yomi cycle has now begun **Pesachim**, join Rabbi Roselaar on Shabbat afternoon after Mincha for an iyun shiur on a sugya from the coming week's daf!
- MD Spitzer's Gemara Shiur will **not** take place this Monday.
- Rabbi Roselaar's Parasha Shiur will take place on Tuesday at 9pm.

## **DEGEL**

Degel is the publication of Alei Zion. Submissions are welcome for the Rosh HaShana edition on the theme of 'Teshuva, Tefilla and Tzedaka'. The deadline for submissions is this Monday, 1st July 2013 - please contact either Elana Chesler, Simon Levy or Judith Arkush with any questions, ideas or queries or via email at [degel@aleitzion.co.uk](mailto:degel@aleitzion.co.uk).

## **MEMBERSHIP**

The best way to support your shul is by becoming a member! If you need assistance with your membership application or would like further details please contact Robin Minsky ([membership@aleitzion.co.uk](mailto:membership@aleitzion.co.uk)) or see the website [www.aleitzion.co.uk/membership.php](http://www.aleitzion.co.uk/membership.php).

## **SHABBAT HOSPITALITY**

If you would like to be hosted for a meal over Shabbat, or if you are hosting and would like more guests at your Shabbat table, please contact Stuart Izon by email on [stuart.izon@gmail.com](mailto:stuart.izon@gmail.com).