



## Shabbat Chayei Sara - 25<sup>th</sup>/26<sup>th</sup> October 2013

Shabbat Shalom and welcome to Alei Tzion!  
Please see below for details for our exciting programme  
of events or look at our website at [www.aleitzion.co.uk](http://www.aleitzion.co.uk)  
Rav: Rabbi Daniel Roselaar, [rav@aleitzion.co.uk](mailto:rav@aleitzion.co.uk) / 07914 883 269



### **SHABBAT AND DAVENING TIMES**

Shabbat begins/Shabbat ends	<b>5:32pm/6:33pm</b>
Mincha, Kabbalat Shabbat & Ma'ariv	5:32pm
Hashkamah Minyan	7:45am
Main Minyan followed by a kiddush sponsored anonymously	9:15am
Sof Zman Kriyat Shema	10:13am
Mincha followed by a shiur by Rabbi Roselaar (see 'Learning and Shiurim' for more details)	5:30pm
Ma'ariv & Motzei Shabbat	6:33pm
<b>Don't forget to move your clocks back!</b>	<b>2:00am</b>

Shacharit – Sunday	8:15am
Shacharit - Monday & Thursday	6:50am
Shacharit - Tuesday, Wednesday & Friday	7:00am
Mincha & Ma'ariv – Sunday	4:35pm
Mincha - Monday-Thursday	12:30pm
Ma'ariv – Monday- Thursday	7:30pm

### **PARENTS' FIRST AID COURSE**

Alei Tzion will host a paediatric first aid course for parents on this Sunday, 27<sup>th</sup> October, between 9.30am-12.30pm at the shul. The cost will be £25 per person or £45 per couple. There are two places left so book your place by contacting Lucinda Glasser on [lucindaglasser@yahoo.co.uk](mailto:lucindaglasser@yahoo.co.uk).

### **'OLEI TZION' AT ALEI TZION**

The first meeting of 'Olei Tzion' - the Alei Tzion aliyah group will be taking place next Sunday, 3<sup>rd</sup> November. Meetings include useful help and information about aliya as well as information about possible pilot trips. There will be guest speakers and dinner at the shul from 8pm. If you would like to attend, please email Zak Jeffay on [zakjeffay@gmail.com](mailto:zakjeffay@gmail.com) to confirm your attendance.

### **MITZVAH DAY 2013 AT ALEI TZION**

Alei Tzion is participating in Mitzvah Day 2013 which will be on Sunday 17<sup>th</sup> November. There will be three opportunities to get involved with Alei Tzion:

#### ***1. Toy collection for Camp Simcha and Jewish Women's Aid.***

We will be collecting toys to be given to children through Camp Simcha and Jewish Women's Aid. We need new toys or toys in perfect condition and gift bags or wrapping paper. Please bring the toys, wrapping and your children along at 9.30am to the shul to sort, pack and decorate!

#### ***2. Mitzvah Mummies (and Daddies)***

We are looking for Mums (and Dads) with young babies to visit a local care home and bring a little joy to the residents. This will take place in the week leading up to Mitzvah Day and is the launch of an ongoing rota. If you would like to come along, please speak to Gaby Lebens.

### **3. Making lunch at St Mungo's, Swiss Cottage.**

We are looking for 5 volunteers to make lunch at St. Mungo's Homeless Shelter on Sunday 17th. Our aim is to give practical help to the shelter, learn more about what the charity does and build a connection with it. This activity will be repeated every other month. For more information speak to Stuart Izon on [stuart.izon@gmail.com](mailto:stuart.izon@gmail.com).

### **THE ALEI TZION CHULENT MAKING COMPETITION - SAVE THE DATE!**

On Shabbat 30th November, Shabbat Chanukah, Alei Tzion will be hosting a chulent making competition where members of the community will be going against each other to see who can brew the best stew! For more information speak to Guv Lebens.

### **KEHILLATEINU**

Kehillateinu, the Alei Tzion magazine will hopefully be returning for Chanukah but needs your contributions! It could be a book review or a recipe, an article of Jewish interest, stories from an exciting holiday or about an event you attended at Alei Tzion over the recent months. You can also reserve your space for adverts (full page black and white - £75, half page - £50) and personal Chanukah greetings - (£20). If you would like to contribute in any way, please email [kehillateinu@aleitzion.co.uk](mailto:kehillateinu@aleitzion.co.uk).

### **ADAM SCIENCE LEADERSHIP PROGRAMME**

Adam Science is a top-level intensive 12 month leadership programme for young professionals. Incorporating bespoke community induction, leadership training, personalised one-to-one mentoring and a unique international seminar, Adam Science will give you the skills, confidence and connections to make your mark as a lay leader in the UK Jewish Community. To apply for the Adam Science programme go to <http://www.ilead.org.uk/adamscience>.

### **LEARNING AND SHIURIM**

- Rabbi Roselaar's Shabbat afternoon shiur will continue looking at a sugya from the coming week's Daf Yomi from Masechet Shekalim.
- MD Spitzer's Gemara Shiur will place this Monday at 8:45pm continuing the topic of 'Pikuach Nefesh' in Masechet Yoma.
- Rabbi Roselaar's Parasha Shiur will be on Tuesday at 9:00pm.

### **KIDDUSH ROTA**

Do you enjoy the kiddush? Have you thought of helping out? If so and you would like to volunteer to be on the rota then please send an email to [kiddush@aleitzion.co.uk](mailto:kiddush@aleitzion.co.uk).

### **KIDDUSH SPONSORSHIP**

Celebrating a simcha, birthday, anniversary, new baby, new job, new home, new shoes? Maybe you just love the smell of chulent and kugel on a Shabbat morning when you're in shul! Why not sponsor a Kiddush? You'll be amazed how easy it is! Please take a look at the following spreadsheet and add your name to a week that suits you!

<https://docs.google.com/spreadsheet/ccc?key=0Aukr4mjRN6tBdFA2R2s0enpab1B6d05ONFVsMjJVMEE>  
For more details please e-mail [kiddush@aleitzion.co.uk](mailto:kiddush@aleitzion.co.uk).

### **SHABBAT HOSPITALITY**

If you would like to be hosted for a meal over Shabbat or if you are hosting and would like more guests at your Shabbat table, please contact Stuart Izon by email on [stuart.izon@gmail.com](mailto:stuart.izon@gmail.com).